

*hubris.*

PRESS BOOK 2023

## - BIOGRAPHY -

"hubris." is a Swiss post-rock band originating from Fribourg. Formed in 2014, the instrumental quartet is characterised by their original style which blends an experimental touch of post-rock, electronica atmosphere and some elements of the progressive and metal scene.

They draw their inspiration from artists like Woodkid, Jon Hopkins, This Will Destroy You or The Contortionist amongst others. With their style evoking introspection, hubris. characterise themselves with the length of their compositions, allowing a range of evolving emotions through softness and power. Sometimes compared with other artists like Sigur Rós or Long Distance Calling, the band calls forth emotions of its audience due to a heterogeneous musical landscape mixing poetic ambiance and raw energy.

They have released four albums to date - *Emersion* (2015), *Apocryphal Gravity* (2017), *Metempsychosis* (2020) and *The One Above* (2023). They have gained relative popularity following the release of their second album after their took a drastic change in their musical approach and method of composing. The band sets forth a musical style rarely explored to this day, breaching pre-established post-rock conventions by incorporating both electronica and progressive rock-metal influences.

Their music was critically acclaimed and aroused the interest of almost over one million eager listeners on the internet as well as being the subject of many press articles. The band's third album *Metempsychosis* was awarded the best post-rock album of 2020 by the independent music YouTube channel *Wherepostrockdwells*.

# - PICTURES -



# - LISTEN -



Hubris. - Apocryphal Gravity [Full Album] ⋮

WherePostRockDwells · 853K views · 4 years ago



hubris. - Live at Fri-Son [4K] ⋮

WherePostRockDwells · 11K views · 11 months ago



hubris. - Beyond Styx (Live at Ebullition) 4K VIDEO ⋮

WherePostRockDwells · 13K views · 9 months ago

# - ALBUMS -

## hubris. - 2015

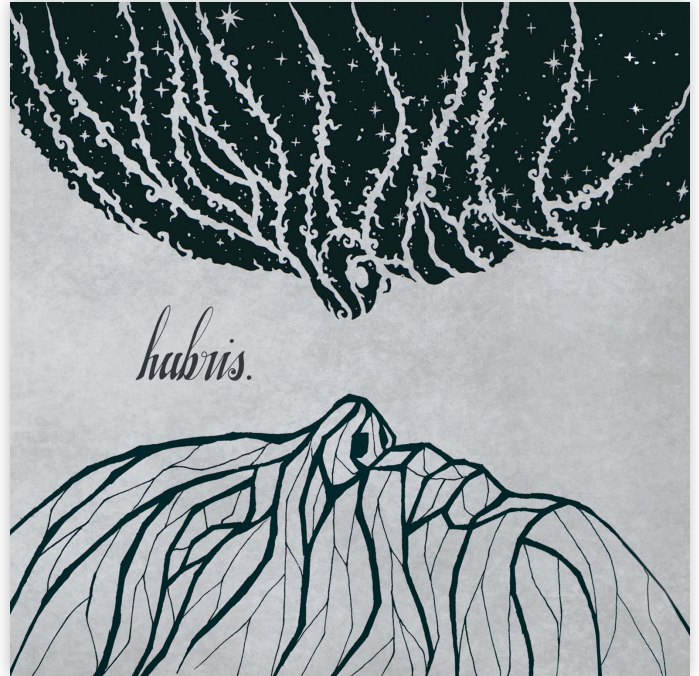
First album containing 6 tracks recorded at the Fonderie studio in Fribourg.

1. Emersion
2. Satyre
3. Kå
4. Gold Drizzle
5. Apollo
6. Aves

Mixing : Nathan Gros

Mastering : Magnus Lindberg

[Link: listen to the album](#)



## Apocryphal Gravity - 2017

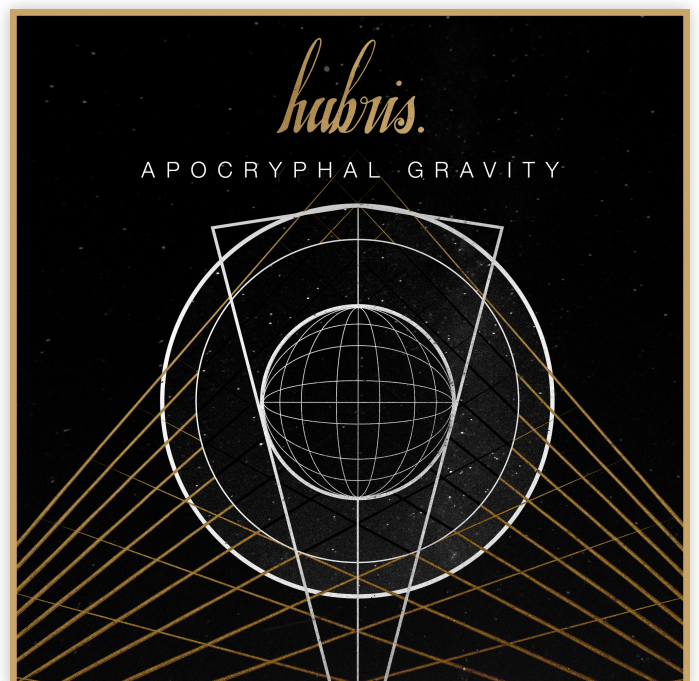
Second studio album containing 7 tracks recorded at the Fonderie studio in Fribourg.

1. Intro
2. Beyond Styx Pt. 1
3. Beyond Styx Pt. 2
4. Aphrodite Terra
5. Doom Mons
6. Deimos to Phobos Pt. 1
7. Deimos to Phobos Pt. 2

Mixing: Nathan Gros

Mastering: Grégoire Pasquier

[Link: listen to the album](#)



## Metempsychosis - 2020

Third studio album containing 5 tracks and one interlude recorded at the Fonderie studio in Fribourg.

1. Hepius
2. Dionysus
3. Adonis
4. Icarus
5. Dedalus
6. Heracles

Mixing: Nathan Gros

Mastering: Nathan Gros

[Link: Listen to the album](#)



## The One Above - 2023

Fourth studio album containing 4 tracks recorded at the Fonderie studio in Fribourg.

1. The One Above
2. Of Light
3. Shade and Gloom
4. Beneath Othrys

Mixing: Raphaël Bovey

Mastering: Nathan Gros

[Link: Listen to the album](#)

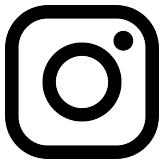
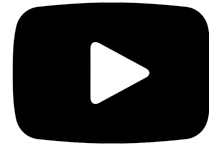


# - SOCIAL MEDIA -



**Facebook**  
**5,198 followers**

**Youtube**  
**2,346 subscribers**  
**1,477,457 views**



**Instagram**  
**3,484 followers**

# - REVIEWS -

"An infallible composition and stellar production only lends to the outstanding example of what an album can be, and something tells us they're only getting warmed up."

9.5/10

**Wherepostrockdwells**

"Metempsychosis is certainly a very unique proposition, one that needs more than a cursory listen to really appreciate and take in everything Hubris are doing here. [...] It challenges and confounds as much as it thrills and chills but few won't be moved or touched by it in some way come the end."

**Carl 'The Disc' Fischer**

<https://www.gbhbl.com/album-review-hubris-metempsychosis-art-as-catharsis-records/?fbclid=IwAR2d9XR5-FnQne-D-zTDG4Ko94csGsF9p2aiwYXQ2a8T-DjSxhXRKwmrNtM>

"Metempsychosis accomplishes all it sets out to in terms of transmitting the complex arcs and affections of its subject matter. In other words, hubris. ensure that each entry resonates with the purposeful magnitude and emotional heft that such Greek folklore deserves."

**Jordan Blum, Metal Injection**

<https://metalinjection.net/reviews/hubris-metempsychosis>

"It's a real shame that the words aren't as descriptive as the sounds on this record, because there is just no other way of transmitting the genuine awe that lives inside of it except by listening to it. This is one of the best rock albums I've ever had the pleasure of hearing [...]."

**Robert Miklos, Everything is Noise**

<https://everythingisnoise.net/reviews/hubris-metempsychosis/>

"Conceptually, this album is stunning. Musically, it's just as grand. It's a soaring, sweeping, expansive masterpiece. Hubris. have crafted something legendary with Metempsychosis, befitting of the stories which guided their writing."

**Joseph James, Will Not Fade**

<https://willnotfade.com/2020/04/21/album-review-hubris-metempsychosis/>

"I realise I've said less about the music than the figures named by the track titles, but that's how vivid a story the music portrays for me. hubris. remind me at times of Long Distance and Sigur Rós (both bands I love), but they paint far more colourful pictures."

**Nick Hudson, The Progressive Aspect**

<https://theprogressiveaspect.net/blog/2020/03/26/hubris-metempsychosis/>



“There are so many intricacies and hidden moments of beauty here, it becomes near impossible to pick out highlights. This is creative, impassioned and emotive post-rock at its very best.”

**Adam Pegg, Astral Noize**

<https://astralnoizeuk.com/2020/03/10/hubris-metempsychosis-emotive-post-rock-inspired-by-greek-mythology/>

“This is an enjoyable listen, and I commend such an undertaking, to tell these stories without words is an admirable goal and I wish that more acts would endeavor to try such things.”

**Jacob McCrone, Rock Out Stand Out**

<https://rockoutstandout.com/2020/03/21/album-review-hubris-metempsychosis/>

“What I like the most on this album is the fact that you can hear the story of the ancient protagonists and the life and death of the people in the stories within the songs.”

**Patrick Transcended, Transcended Music**

<https://www.transcendedmusic.de/2020/03/hubris-metempsychosis-review/>

“The moods and atmospheres are elegant and beautiful, the compositions are well crafted and developed[.]”

**Olav Martin Bjørnsen, House of Prog**

<https://houseofprog.com/blog/2020/02/09/hubris-metempsychosis-2020/>

“We’ve said it before at Devo and we’ll say it again – the standard of musicianship and care taken by bands crafting albums is astonishing. And ‘Metempsychosis’ is no exception.”

**Jo Wright, Devolution Magazine**

<https://devolutionmagazine.co.uk/2020/01/17/review-hubris-metempsychosis/>

“In the end you end up with an experience so grand that you almost want to cry. This is a really beautiful album that more people should hear.”

**Anders Ekdahl, Battle Helm**

<http://battlehelm.com/reviews/hubris-metempsychosis/>

## - PAST TOURS -

- July 2023 - USA Tour - 21 shows, including **Post. Festival**, Indianapolis
- February 2023 - EU Tour - 18 shows, including The One Above Release Party
- November 2022 - EU Tour - 14 shows
- July 2022 - Concretion Post-Rock Festival
- May 2022 - EU Tour - 13 shows, including **dunk! Festival**
- November 2021 - EU Tour - 11 shows
- November 2020 - Metempsychosis Release Party
- November 2019 - Australia & India Tour - 12 shows, including **Yonder Fest**
- October 2019 - EU Tour - 8 shows

## - CONTACTS -

### **Management / Booking / All Inquiries**

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